



Leeds Trinity
University College

TEACHING MOVEMENT AND DANCE FOR HEALTH

LEARNING THROUGH **AND** ABOUT:

- PRACTICE
- COACHING & TEACHING
- SKILLS IN SUSTAINABLE EMPLOYMENT



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WHO TAKES TMD?

People taking this Foundation Degree may come directly from School or Sixth Form College, from Further Education, from Conservatory training, and from Professional work in movement, dance and related fields in the arts and sports.

The blended-learning experience of this Foundation Degree may also be flexible enough to allow students to continue in paid employment while on the programme.

The Foundation Degree is delivered through a series of intensive teaching contacts (usually weekends), supported by distance-learning through the Leeds Trinity virtual learning environment. There is also integration of professional practice opportunities within existing Lishi classes (which will involve assisting with delivery and carrying out evaluations as part of the programme of study). Such classes are geographically spread across all regions of the United Kingdom.

The modular structure of the program can also enable part-time participants to focus on areas that address their specific needs.

THE TMD PROGRAM:

Over two years students learn:

- content directly from Lishi movement and dance, a 3,000 year old Chinese culture that trains in the function and role of posture and alignment, the development of breathing skills, and the context of using energy for movement and dance.
- teaching and communication skills, models of learning behaviour, motivational interviewing and other advanced coaching techniques.
- sustainable employment through leadership and entrepreneurial skills in marketing, promotion, finance and administration, including the larger context of the community arts and dance sector, and the challenge of accessing resources.

Individual modules consist:

- Introducing basic concepts of History, Philosophy and Theory.
- Developing Method and Form.
- Understanding programme delivery.
- Benefits of Chinese Movement and Dance.
- Developing teaching skills.
- Communication skills for promotion.
- Analysis and application of transferable skills.
- Target groups.
- Community performance production.
- Acquiring funding.
- Financial self-management.
- Sector-specific business administration.



EXCITING OPPORTUNITIES

WHERE WILL TMD GRADUATES WORK?

The degree prepares graduates to work in:

- leisure industries
- creative arts administration
- health and lifestyle coaching
- sports coaching and management
- sustainable self-employment skills
- direct delivery of Lishi movement curricula

FUTURES FOR TMD GRADUATES

TMD graduates will be:

- prepared for self-employment in the fields of movement and dance
- well-positioned for a range of employment opportunities in the creative, sports and leisure industries
- ready for further education to complete a BA/ BSc/BEd in one or two years at a university with a relevant programme, including those in management and health.



THE PROGRAMME FACULTY

THE PROGRAMME IS DELIVERED BY HIGHLY TRAINED AND EXPERIENCED STAFF FROM LEEDS TRINITY UNIVERSITY COLLEGE AND FROM THE COLLEGE OF CHINESE PHYSICAL CULTURE.

LEEDS TRINITY UNIVERSITY COLLEGE:

Leeds Trinity offers excellent job prospects, a high quality experience, a modern campus and university community nestled within a picturesque location. Leeds Trinity offers a full range of student support services and is committed to strong mentoring.

COLLEGE OF CHINESE PHYSICAL CULTURE:

The College exists to develop applications for traditional knowledge systems in Chinese movement culture, specifically the highly respected and complex tradition of Lishi. With over 3000 years of history, it is not surprising that this Asian movement culture has proved resilient and flexible in making contributions to modern western society.



How to Apply:

Email: i.kenvyn@leedstrinity.ac.uk

Website: www.leedstrinity.ac.uk

Phone: 0113 2837100

Address: Leeds Trinity University College,
Brownberrie Lane, Horsforth, Leeds, LS18 5HD

The course starts in January 2012 (subject to validation).

